# **Navigating the Journey: Adoption**

These six introductory videos are designed to help families explore whether adoption might be a right choice for their family. Accessing and viewing these videos requires no commitment, but simply offers insight into relevant topics to consider before growing your family through adoption. We recommend viewing them in order, but they can be viewed individually. It will take less than an hour to complete all the videos in this series. If you'd like to explore adoption further, we recommend viewing the videos included in Adoption 101, which covers the various types of adoption.

#### Language and Why It Matters

This 6-minute video helps you navigate terms and language that will bring dignity to children and families, while avoiding terms or labels that are not honoring.

#### **Understanding Trauma**

This 8-minute video shares about the trauma experienced by children who have been adopted and what this means for parenting them.

### **Building a Support Network**

This 6-minute video emphasizes the importance of establishing a supportive village who can offer encouragement and help meet the relational needs of the children you welcome into your home whether you plan to foster or adopt.

#### **Openness in Adoption**

This 8-minute video explores the concept of open adoption and how that can differ from child to child and as your relationship grows with the biological family.

# **Transracial & Transcultural Adoption and Foster Care**

This 10-minute video helps prepare your hearts, minds, and family to receive children from different races, cultures, and backgrounds.

# **Ethics in Adoption**

This 8-minute video offers insight into ethical practices in the world of adoption that are most honoring to birth parents and children.

